



OBJECTIVE

A teacher of the game and of life. My role as a coach goes beyond the X's and O's it's about building young men of faith, discipline, and character while preparing them to compete at the highest level. I believe my purpose is to serve players by teaching fundamentals, accountability and brotherhood.

Education

University of Texas McCombs (MBA) 2026

The Ohio State University (BS)

- Hospitality Management (2019)
- Consumer and Family Financial services (2019)

Cretin-Derham Hall High School (2015)

Skills

Microsoft Office

Google Office

Hudl

Catapult Thunder

Visio

Strengths

Leadership

Work Ethic

Critical Thinking

Player Development

Personal

MBA Leadership Training -University of Texas McCombs School of Business

NFLPA MPower Leadership Program (2023)

Faith Driven Mentor (2023- Present)

Jashon Cornell

Assistant Defensive Line Coach

(832)-965-8588 / (651)-354-5382

Jashoncornell96@gmail.com

Coaching Experience

February 2025 - Present

Texas Southern University, Houston, Texas (SWAC)

Assistant Defensive Line

- Organize academic check-ins, track study hall attendance, monitor class attendance, and hold individual meetings to support players academically and athletically.
- Lead daily scout meetings, utilizing cut-ups and corrections from previous practices. Draw cards and run the scout team offense.
- Compile detailed scouting reports on opposing teams, including insights into coaches, team tendencies, and key offensive players.
- Assisted Defensive Coordinator on game days with personnel groupings, formations, play counts, and opponent tendencies to support in-game adjustments
- Conduct online recruiting for all positions, evaluate high school, JUCO, and transfer portal prospects. Build relationships with high school coaches, maintain the defensive recruiting board, and update prospect lists.
- Assist with daily operations for the Head Coach and Director of Football Operations, including equipment management, field setup, and player housing.
- Coordinate with equipment and training staff for practice setup and injury report, assisted in running individual drills and helped running special teams.
- Coached Michael Akins ALL-SWAC Second Team Defense
- Helped lead the TSU football program to its first winning season in 25 years

Playing Experience

The Ohio State University Athletics | Football 2015–2019

- Competed in one of the nation's most competitive football programs under Urban Meyer/ Larry Johnson Sr, where performance, discipline, and accountability were non-negotiable.
- Committed 55+ hours per week to training, film study, meetings, recovery and practice while managing a rigorous academic schedule.
- Adapted to four different Defensive Coordinators (Chris Ash, Luke Fickell, Greg Schiano, Jeff Hafley/ Greg Mattison) and multiple defensive systems, demonstrating flexibility, rapid learning, and execution at a championship level.
- Earned leadership through results and toughness prepared weekly with NFL-level detail in game plans and opponent scouting.
- Experienced the pressure of playing in front of 100,000+ fans while representing a program built on tradition, excellence, and national championships.
- Represented the university at donor functions, media events, and community service initiatives, upholding the values of the program and institution.

Awards /Accomplishments - Drafted to Detroit Lions (2020-2023) - NFLPA MPower Leadership Training (2023) College – The Ohio State University 3× Big Ten Champion 5–0 career record vs. Michigan (T.U.N) - Fiesta Bowl, Cotton Bowl, and Rose Bowl Champion 2× College Football Playoff appearances - PFF First Team All-Big Ten (2019) - PFF Highest Graded Defensive Tackle BIG10 (2019) #1 Defense 2019 CFP High School – Cretin-Derham Hall (Minnesota) - Under Armor All-American Bowl selection - ESPN / 247 Sports Top 100 national recruit 2x Minnesota All-State Defensive Lineman - Two-Time Team Captain - The defensive line MVP of the Nike training camp (Opening Invite) - Rivals Top 100 Invite References Continued Matt Passwaters (Defensive Line) Texas Southern University (619)-507-8777 Charles Nichols (Chief of Staff) Texas Southern University (409)-201-4472 Ryan Stamper (College Scout) NFL Jaguars (904)-631-8620	Ohio State Leadership Academy & Tim Kight Training 2015–2019 - Leadership training in Above the Line” behavior: accountability, ownership, and trust. - Trained directly by Tim Kight, founder of Focus 3, in the E+R=O framework (Event + Response = Outcome), which was integrated into Ohio State’s culture. - Developed skills in self-discipline, emotional control, and intentional decision-making under pressure. - Learned how to build trust, communicate clearly, and elevate team performance through mindset and culture. - Mentored younger teammates on applying leadership tools both on the field and in the classroom. Professional Experience NFL Defensive Lineman – Detroit Lions 2020 – 2023 - Drafted and competed at the highest professional level of football, demonstrating elite discipline, preparation, and leadership. - Applied a team-first mindset, resilience, and adaptability in high pressure environments against the best competition in the world. - Learned advanced defensive line techniques, pass rush strategy, and opponent study from NFL position coaches and coordinators. - Experienced daily in elite practice habits, film breakdown, and weight room standards required to sustain success at the highest level. References Cris Dishman (Head Coach) Texas Southern University (832)-544-1415 Larry Johnson Sr (Defensive Line/ AHC) Ohio State University (614)-256-5780 Greg Mattison (Defensive Line/ DC) (Notre Dame, Michigan, Ohio State) (614)-906-9179 Randall Joyner (Defensive Line) Ole Miss (972)-849-3093 Al Washington (Defensive Line) Notre Dame (614)-499-5517 William Green (Defensive Line) West Virginia (205)-215-4205 Billy Parker (DC) Texas Southern University (808)-878-7436 Mickey Marotti (Strength Coach) Ohio State University (614)-264-5341 Keelon Brookins (Secondary) Coastal Carolina (612)-295-5230 Mike McCatney (Agent/ DPP Eagles) Vayner Sports (312)-342-8276 Urban Meyer (Head Coach) (Ohio State) (614)-284-6690 La’Allen Clark (Defensive Line/Edge) University of Texas (225)-772-9161
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