



Tom Nelson



847-791-5718



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1216 N Kennicott Blvd
Arlington Heights, IL 60004

Work Experience

Varsity Football Coach

John Hersey High School | 2013 - present

- Head Coach 2022-Present
- Offensive Coordinator 2017-2021
- Created and instilled program-wide standards and culture.
- Develop game plans, practice scripts, and scouting reports. Proficient In PowerPoint and other drawing software.
- Assign coaching staff roles and coordinate meetings with players and staff.
- Coached eight ALL-State athletes, including six different Quarterbacks in seven years.
- Develop systems for game planning, scouting, play design, skill acquisition, and practice structure.
- Coached QBs, WRs, DBs, and coordinated special teams prior to becoming OC.
- Mentor and develop relationships with the athletes.
- Effectively communicate with a diverse group of athletes, coaches, and game officials.

Founder and Coach

Tom Nelson Training LLC (TNT)| 2010 - present

- Create and implement training programs for adolescent and adult athletes.
- Mentor and develop relationships with the athletes.
- Manage a team of coaches, interns, and other staff.
- Teach and Implement systems In order for our staff to be efficient and successful.
- Communicate with athletes and parents on a daily basis.

Professional Football Player

Cincinnati Bengals | 2009 - 2011
Philadelphia Eagles | 2011 - 2012
Chicago Bears | 2013
Carolina Panthers | 2014
Baltimore Ravens | 2015

- Competed against the best athletes in the world on a daily basis.
- Signed professional contracts on offense and defense and contributed on special teams.
- Learned strategies, techniques, and schemes from the top coaches in the industry.

Skill & Expertise

- Relationships
- Organization
- Preparation
- Mentorship
- Football Tactics
- Communication Skills
- Time Management
- Skill Acquisition

Education

Bachelor of Science : Marketing
Illinois State University | 2011

Certificate

EXOS Performance Specialist (XPS)

Reference

Kevin Coyle

Senior Analyst, UCLA Football
Phone: 513-470-8491

Joe Pardun

Assistant AD, John Hersey High School
Phone: 847-489-0424

Joe Sambucci

Parent of TNT Athlete
Phone: 630-341-3444